

# Decision tree methods for psychological assessment

An introduction to classification and regression trees, model-based trees, and trees for longitudinal and multilevel data

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## Today's workshop

Goal: Short introduction to decision-tree methods

How:

1. Plenary introduction + examples
2. Interactive / individual:
  - Replicate examples in R and/or
  - Apply methods to own data

All materials (slides, manual, datasets) available online, go to <https://tinyurl.com/ECPA15trees>

Disclaimer: Most datasets artificial, so that you can replicate all examples. Thus, results not valid in real world!

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Online manual: "Fitting\_trees\_in\_R.pdf"

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## Short history of RPMs

Early methods:

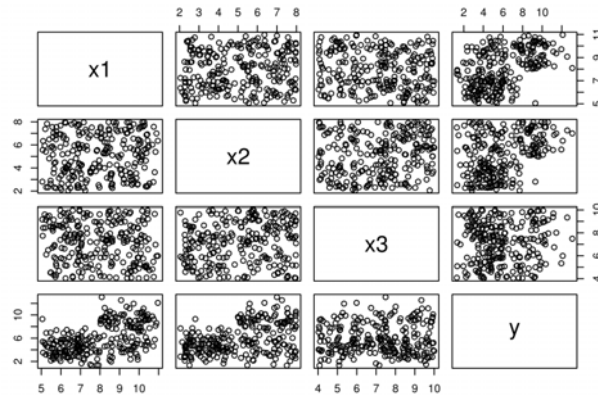
- Automated interaction detection (Morgan & Sonquist, 1963)
- Classification and regression trees (Breiman et al., 1984)
- ID3 (Quinlan, 1986)
- C4.5 (Quinlan, 1993)

Today we focus on unbiased recursive partitioning:

- Conditional inference tree (ctree; Hothorn, Hornik & Zeileis, 2006)
- Model-based recursive partitioning (MOB; Zeileis, Hothorn & Hornik, 2008)

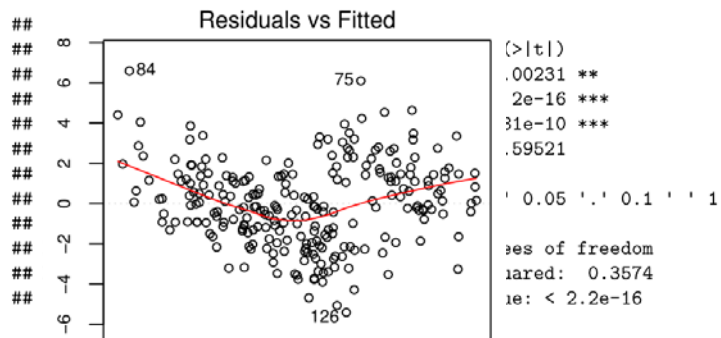
# Toy dataset

N = 250



# OLS regression model on toy data

```
lin_mod <- lm(y ~ x1 + x2 + x3, data = toy_data)
summary(lin_mod)
```

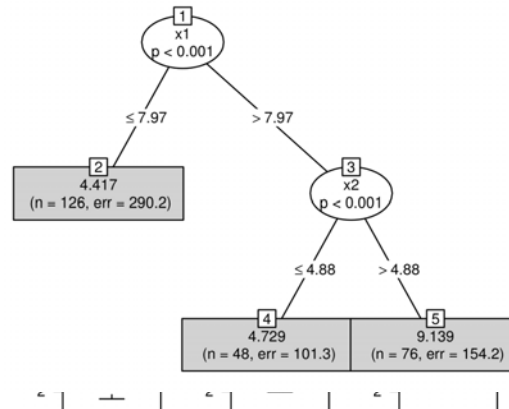


$$\hat{y} = -x_1 + 0.041 x_3$$

## Regression tree on toy data

```
library("partykit")
```

```
tree <- ctree(y ~ x1 + x2 + x3, data = toy_data)
```

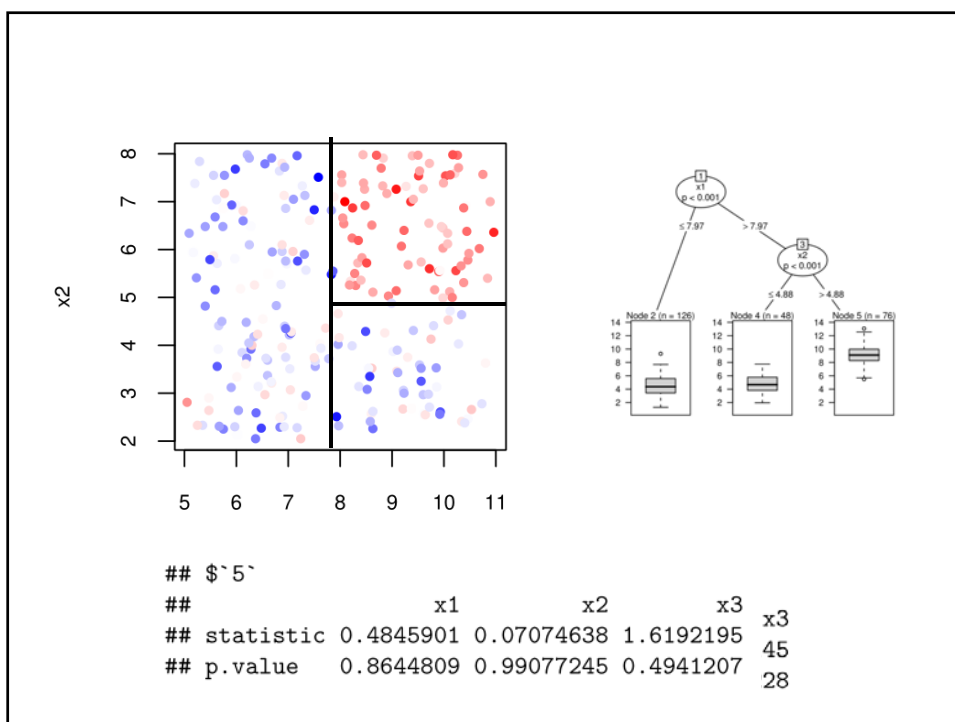
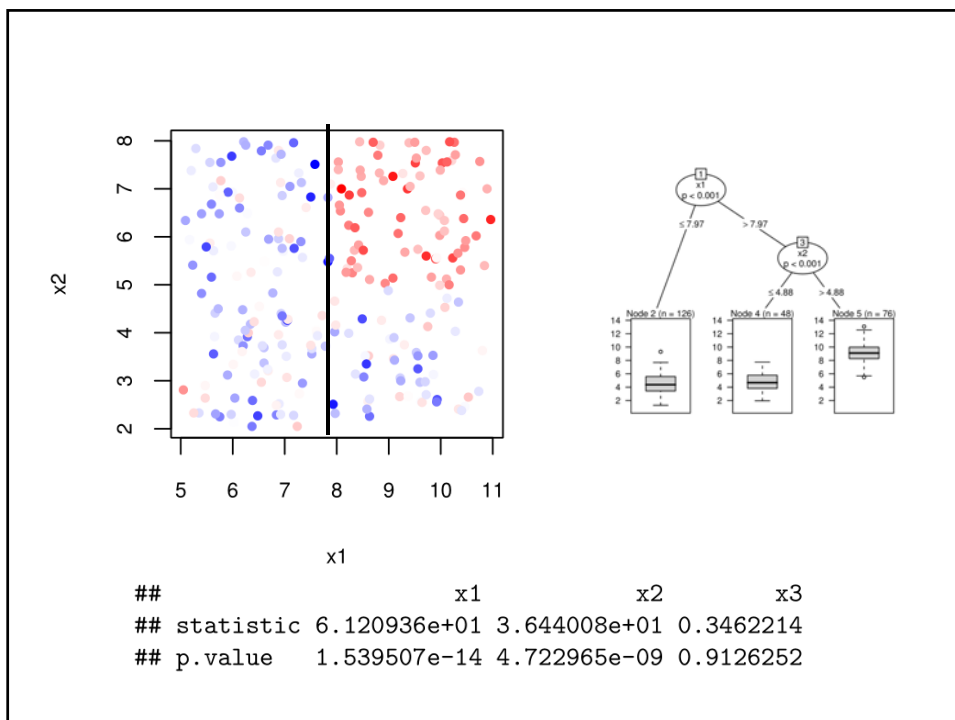


## Split selection

Conditional inference tree algorithm (Hothorn, Hornik & Zeileis, 2006):

1. In current node, statistically test the association between partitioning variables and response. If at least one partitioning variable has  $p$  value  $\leq \alpha$ , variable with the lowest  $p$  value is selected for splitting.
2. Select the splitting value that minimizes loss function in the two resulting terminal nodes.
3. Repeat steps 1 and 2 in the two resulting nodes.

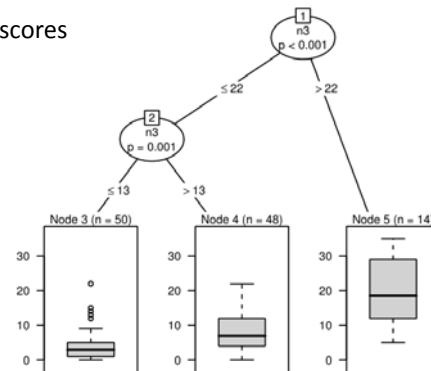
-> Separate selection of splitting variable (1) and value (2)  
 eliminates variable selection bias  
 -> Step 2 provides natural stopping criterion



## Regression tree example

Study by Carrillo et al. (2001):

- Response: Beck Depression Inventory score
- 25 possible predictors:
  - NEO-PI-R facet and subscale scores
  - age, gender
- N = 112 respondents

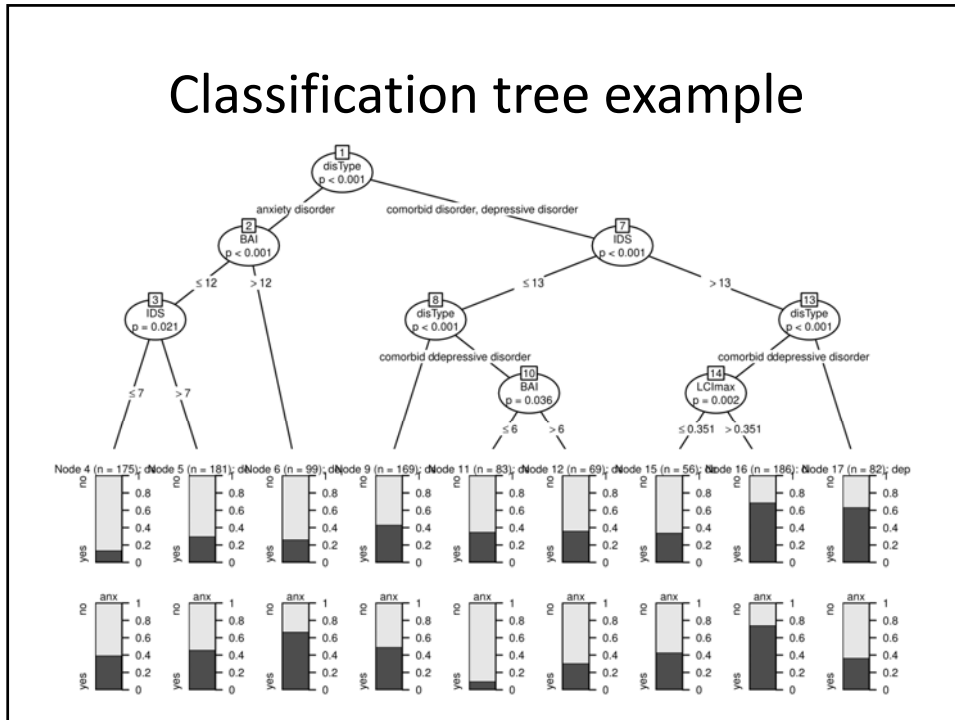


## Classification tree example

Dataset modeled after study by Penninx et al. (2011) on chronicity of anxiety and depression

- Sample: Respondents with current anxiety and/or depressive disorder (original N = 1,209; current N = 1,100)
- Response: Presence of anxiety and/or depressive disorder diagnoses, 2 years after baseline
- Possible predictor variables:
  - disType: baseline psychiatric status
  - gender, age, age of disorder onset, years of completed education.
  - IDS (depressive symptoms), BAI and FQ (anxiety symptoms)
  - LCI<sub>max</sub>: proportion of time in which symptoms of anxiety and depression were present in the four years prior to baseline
  - type of depressive disorder at baseline
  - type of anxiety disorder(s) at baseline
  - ....

## Classification tree example



## Model-based recursive partitioning (MOB; Zeileis, Hothorn & Hornik, 2008)

Rationale: Global parametric model (e.g., LM / linear regression, GLM / logistic regression) may not fit data well.

Perhaps can find subgroups, defined by partitioning variables, with better-fitting local models.

MOB algorithm:

1. Fit parametric model to observations in current node. Perform a *parameter stability test* for each of the partitioning variables. If at least one of the partitioning variable has  $p$  value  $\leq \alpha$ , select variable with lowest  $p$  value for splitting.
2. Select splitting value that yields optimal fit when the parametric model is fitted in each of the resulting two nodes.
3. Repeat steps 1 and 2 in the two resulting nodes.

## MOB example: Treatment subgroups

Data modeled after SMART data from the Improving Access to Psychological Therapies (IAPT) project (Lucock et al., 2017).

IAPT: Patients receiving mental-health services in the Northern UK. Non-random assignment to:

- LI: low intensity treatment, e.g. guided self-help, computerized cognitive behavior therapy
- HI: high intensity treatment, e.g. face-to-face psychological therapies

Aim of SMART: Identify patients who will benefit most from HI vs. LI treatment

-> Fit tree to detect predictors and moderators of treatment outcome

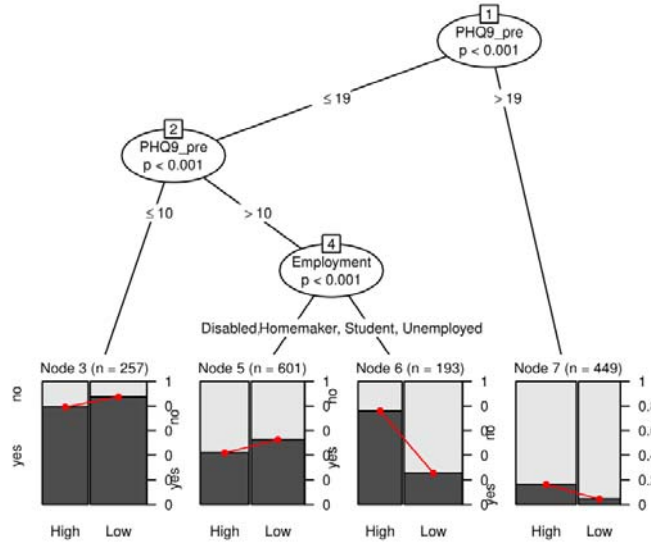
## Treatment subgroups

Dataset contains 1,500 observations and 13 variables

- Response: recovered (yes, no)
- Predictor: treatment type (HI vs LI)
- 10 possible partitioning variables:
  - PHQ9\_pre (baseline depression measure)
  - GAD7\_pre (baseline symptoms of generalized anxiety disorder)
  - WSAS\_pre (baseline work and social functioning)
  - Age, Gender, Ethnicity
  - Diagnosis
  - Employment status, Disability
  - Medication use
- indicator for treatment center (will use later in the mixed-effects tree)



# Treatment subgroups



```
## Model formula:
## recovered ~ Treatment | Age + PHQ9_pre + GAD7_pre + WSAS_pre +
##   Gender + Ethnicity + Diagnosis + Employment + Disability +
##   Medication
##
## Fitted party:
## [1] root
## | [2] PHQ9_pre <= 19
## | | [3] PHQ9_pre <= 10: n = 257
## | | | (Intercept) TreatmentLow
## | | | 1.3328057 0.5971041
## | | [4] PHQ9_pre > 10
## | | | [5] Employment in Disabled, Employed, Retired: n = 601
## | | | | (Intercept) TreatmentLow
## | | | | -0.3305021 0.4325012
## | | | [6] Employment in Homemaker, Student, Unemployed: n = 193
## | | | | (Intercept) TreatmentLow
## | | | | 1.147402 -2.221917
## | [7] PHQ9_pre > 19: n = 449
## | | (Intercept) TreatmentLow
## | | -1.641477 -1.449565
##
## Number of inner nodes: 3
## Number of terminal nodes: 4
## Number of parameters per node: 2
```

Local logistic regression models (GLM)

## Dependent observations

Observations are known to be dependent in *nested* data, e.g.,

- Multilevel data
- Longitudinal data

Account for dependence by:

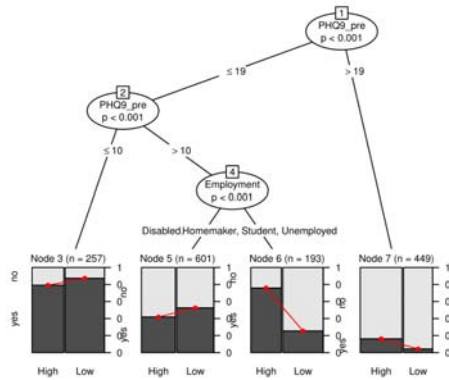
- Estimating random effects and/or
- Adjusting variable selection tests

## Mixed-effects trees

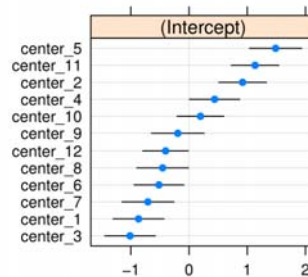
Generalized linear mixed effect regression tree (glmertree; Fokkema et al. 2018):

- Estimate local 'fixed-effects' models
  - That is: find subgroups and estimate local parameters
- Globally estimate random effects
  - That is: using all observations

## Mixed-effects tree example: Treatment subgroups with multilevel structure



+ random intercept  
w.r.t. treatment center:



## Mixed-effects tree example: Subgroup detection in growth trajectories

Data: Subsample of N = 400 children from Early Childhood Longitudinal Study-Kindergarten (ECLS-K)

Response variable: theta (IRT ability) scores of reading skills

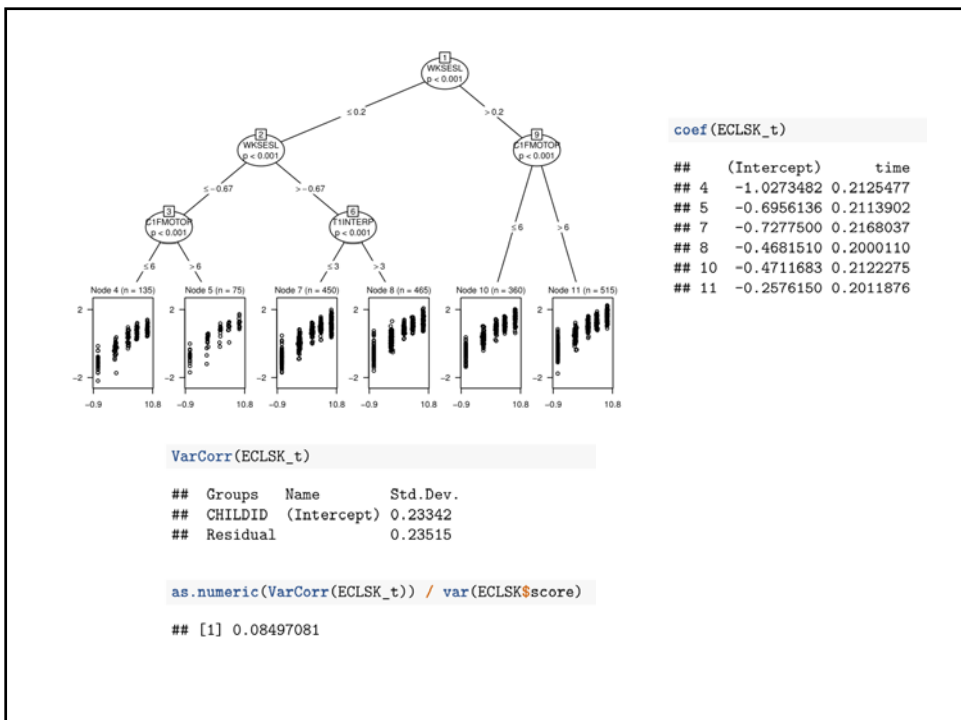
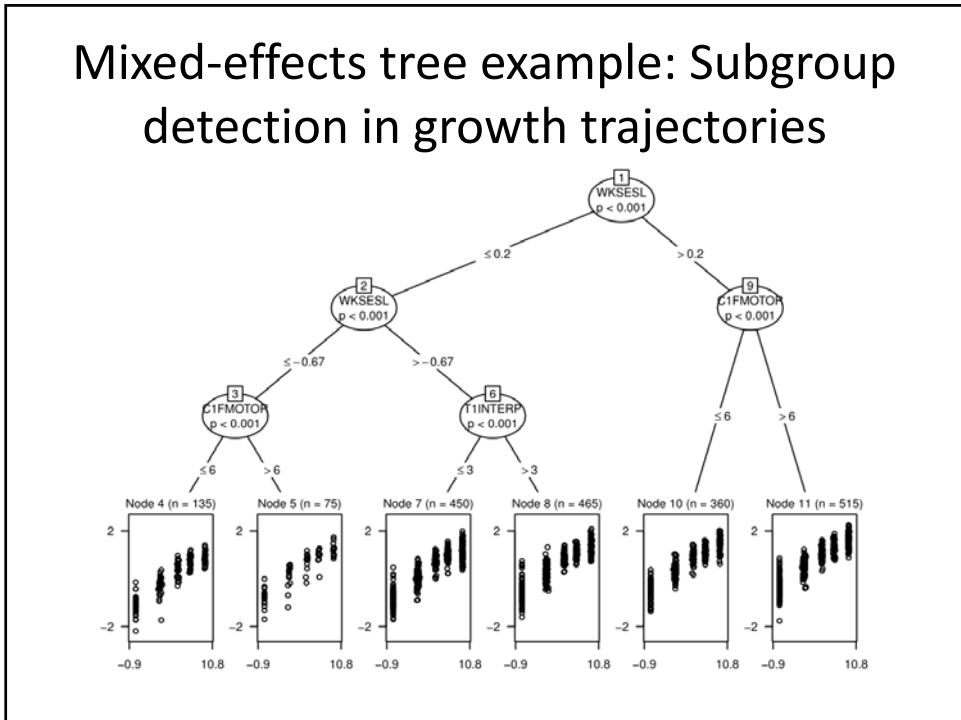
Predictor variable: time (square root of months since baseline)

Potential partitioning variables (baseline):

- GENDER , RACE and AGE
- WKSESL (measure of socio-economic status)
- C1GMOTOR and C1FMOTOR (measures of gross and fine motor skills)
- T1INTERN , T1EXTERN , T1INTERP and T1CONTRO (measures of internalizing, externalizing, interpersonal problems and self control)

Partitioning variables measured at level II, not individual observation level (level I) -> need to account in tests for variable selection

## Mixed-effects tree example: Subgroup detection in growth trajectories



## Concluding remarks

- Go and create yourself some trees!
- Manual for replicating examples is online (“Fitting\_trees\_in\_R.pdf”)
- I’m happy to answer questions now, during conference, or via [m.fokkema@fsw.leidenuniv.nl](mailto:m.fokkema@fsw.leidenuniv.nl)

## References

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